

India Fibergy

Serving size: 12.3 g (1 scoop)		No. of Servings: 28	
Each Serving contains:	Per 100g	Per Serve	%RDA
Psyllium Husk	40.65 g	5.00 g	#
Fructooligosaccharides	14.63 g	1.80 g	#
Resistant Maltodextrin	14.63 g	1.80 g	#
Inulin	14.63 g	1.80 g	#
Apple Fiber	6.42 g	0.79 g	#

Nutritional Information (Approx.)			
Serving size: 12.3 g (1 scoop)		No. of Servings: 28	
Nutrients	Per 100 g	Per Serve	%RDA per serve
Energy*	200.20 kcal	24.62 kcal	1.23
Protein	0.17 g	0.02 g	0.04
Carbohydrate	5.89 g	0.72 g	#
Total Sugars	0.00 g	0.00 g	#
Added Sugars*	0.00 g	0.00 g	0.00
Dietary Fiber	86.95 g	10.70 g	42.80
Total Fat*	0.34 g	0.04 g	0.06
Saturated Fat*	0.19 g	0.02 g	0.09
Cholesterol	0.00 mg	0.00 mg	#
Trans Fat*	0.00 g	0.00 g	0.00
Sodium*	86.45 mg	10.63 mg	0.53

%RDA calculated as per ICMR 2020, for Sedentary Work Women.

*% RDA expressed on the basis of 2000 kcal energy required for an average adult

%RDA not established.

NOT FOR MEDICINAL USE

Ingredients: Psyllium Husk (40.65%), Fructo-oligosaccharides, Resistant Maltodextrin, Inulin, Apple fiber (6.42 %), Thickener (INS 414), Color (Beet Red), Nature Identical Flavor, Thickener (INS 415), Sweetener (INS 960)

Allergen Information: May contain milk, soy, and nuts.

Warning: Pregnant or lactating women, children, elderly or anyone with a medical condition should consult with a physician before consuming this product. This product is not to be used as a substitute for a varied diet. This product is not intended to diagnose, treat, cure or prevent any disease.

Recommended usage level: 12.3 g powder (1 scoop) a day.

Not to exceed the recommended daily usage.

Duration of Usage: Daily intake as recommended usage.

Storage Condition: Store in a cool, dry place below 25° C.

Protect from moisture. Product is required to be stored out of reach of children.

For any inquiry, contact:

customer care executive at Marketed by address
or contact at: Customer Care No.: 1-800-203-7521
Email: customerservicein@USANAinc.com

CPCB Regn. No. : PR-02-HIM-11-AAICT0066C-23

THIS CONTAINS STEVIOL GLYCOSIDE

CONTAINS NON-CALORIC SWEETENERS